

## Volunteer role information

### Set up & pack down volunteer



#### Why volunteer with TGC?

The club was founded in 1978 and currently has over 25 squad and development gymnasts and around 175 recreational gymnasts, plus a team of 12 paid coaching staff members and 3 young volunteers supporting the sessions. All of this is made possible because of the dedicated volunteer committee of parents, carers and other supporters. When you join our volunteer team, you help ensure this hive of activity in Tetbury is carried out safely, with passion, and help us to ensure we can develop the club even further to impact the lives of many more young people.

#### Role purpose:

- To support the coaches to set up the gym hall ready for the session ahead.
- To support the coaches to pack away the gym hall at the end of the session.

#### What skills and attributes do you need?

- Physically fit (much of the equipment is heavy)
- Ability to follow instructions
- Ability to work as part of a team

#### Some of what you will do (some of this is limited for volunteers under 16):

- Moving large, heavy equipment, often in pairs, such as the bar frames and beams.
- Holding bar frames in position whilst the safety chains are fitted to the floor anchors.
- Moving other equipment such as boxes, springboards, trampettes, etc.

#### Commitment:

- Ideally we are looking for regular volunteers, 2 or 3 per set up/pack down. You can sign up to just one time slot per week, or be part of a rota with another volunteer to help us fortnightly.
- Times you can volunteer (end times are approximate):
  - Monday set up, 5.00 - 5.45pm
  - Monday pack down, 8.15 - 8.45pm
  - Tuesday set up, 5.15 - 6.00pm
  - Tuesday pack down, 8.00 - 8.30pm
  - Thursday set up, 5.00 - 5.45pm
  - Thursday pack down, 8.15 - 8.45pm
  - Saturday set up, 8.00 - 8.45am
  - Saturday pack down, 3.15 - 3.45pm
- Prepared to make a regular time commitment

#### What we can offer you:

- Full training will be given.

We abide by British Gymnastics policies on equality, diversity and inclusion. "We believe our sport should be open and accessible to anyone who wants to be involved, whether as a gymnast, a coach, an official, a volunteer or a fan. We are committed to treating everyone with dignity and respect and ensuring the gymnastics environment is one where everyone can thrive." britishgymnastics.org

Please note this is a volunteer role and does not form part of any contract of employment.

Visit our website for further information [www.tetburygymnasticsclub.co.uk](http://www.tetburygymnasticsclub.co.uk) or to make an application.