

Volunteer role information

Gymnastics assistant volunteer



Why volunteer with TGC?

The club was founded in 1978 and currently has over 25 squad and development gymnasts and around 175 recreational gymnasts, plus a team of 12 paid coaching staff members and 3 young volunteers supporting the sessions. All of this is made possible because of the dedicated volunteer committee of parents, carers and other supporters. When you join our volunteer team, you help ensure this hive of activity in Tetbury is carried out safely, with passion, and help us to ensure we can develop the club even further to impact the lives of many more young people.

Role purpose:

- To support the coaches to run successful recreational, development and squad gymnastics programmes.
- To support the coaches to set up and pack away the gym hall at the beginning/end of the session.

What skills and attributes do you need?

- A passion for gymnastics and sport in general is a requirement for this role.
- Ability to work with children is also required.
- No formal qualifications or experience are necessary, we will support you with training and mentoring.
- Clean British Gymnastics enhanced DBS (we will facilitate this)
- An understanding of safeguarding
- Ability to work as part of a team

Some of what you will do (some of this is limited for volunteers under 16):

- Assist with the safe set up and take down of the sports equipment and supporting resources.
- Under the direction of a qualified coach, work with a small group of participants to help them achieve the aims of the session.
- Assist with the warm up, lesson activities and the cool down.
- Support, encourage and help the gymnasts.

Commitment:

- Ideally we are looking volunteers to support the sessions on a weekly basis. We have capacity for one volunteer in each of our sessions.
- Times you can volunteer (end times are approximate):
 - Mondays, 5.00 - 7pm and/or 7 - 8.45pm
 - Tuesdays, 5.15 - 8.30pm*
 - Thursdays, 5.00 - 7pm and/or 7 - 8.45pm
 - Saturday 8.00 – 12 noon*, 12.30 – 2pm* and/or 2 - 3.45pm
- * indicates our squad/development sessions which are only suited to a more experienced volunteer (for example, a current or past gymnast).
- Prepared to make a regular time commitment

What we can offer you:

- Full training will be given.

We abide by British Gymnastics policies on equality, diversity and inclusion. "We believe our sport should be open and accessible to anyone who wants to be involved, whether as a gymnast, a coach, an official, a

volunteer or a fan. We are committed to treating everyone with dignity and respect and ensuring the gymnastics environment is one where everyone can thrive." britishgymnastics.org

Please note this is a volunteer role and does not form part of any contract of employment.

Visit our website for further information www.tetburygymnasticsclub.co.uk or to make an application.