



## Code of Conduct

### Who is this code of conduct for?

This code of conduct should be followed by anyone involved in the running of the Tetbury Gymnastics Club sessions, events and other activities. This includes our coaching/instructing staff and our volunteers Gymnastics Helpers, anyone engaged in an official capacity, including our volunteer Committee members and judges at competitions.

### Coaches, instructors and officials shall:

1. Perform coaching tasks at the direction of the lead coach.
2. Demonstrate a professional approach at all times. They are expected to stand up, and not be distracted by chatting to their peers or other coaches when they should be supervising gymnasts.
3. Help during the warm up and cool down during regular gymnastic sessions. Those not leading the warm up/cool down should help correct gymnasts stretches or set up/take down equipment.
4. Not be negative or derogatory to gymnasts and give positive praise and feedback where appropriate.
5. Not support gymnasts unless they have had the correct training. For Gymnastics Helpers, this training will come from a lead coach.
6. Wear shoulder length hair and longer tied back whilst working/volunteering. This includes during the setting up and packing away.
7. Not wear any jewellery that can be removed. Jewellery that cannot be removed must be covered. Please do this before the start of every shift, not whilst supervising gymnasts.
8. Dress appropriately with safety considerations in mind and with the accepted traditions of the sport. A club t-shirt will be provided.
9. Not consume alcohol or substances which may impact judgement, performance or behaviours, before or whilst coaching, instruction or officiating.
10. Not smoke or vape whilst coaching, instructing or officiating.

11. Not use mobile phones or tablets in the gym. They may be kept in the safe provided (large enough for mobile phones only). This includes during the setting up and packing away.
12. Inform the club immediately if they are unwell. Coaches, instructors and officials should inform the lead coach for your session as well as emailing [tetburygymnastics@gmail.com](mailto:tetburygymnastics@gmail.com) so your staff/volunteer record can be updated.
13. Respect confidentiality of information provided to them in line with GDPR, concerning participants or fellow coaches, instructors or officials.
14. Cuddle gymnasts or allow them to sit on their lap, etc. We understand that some younger/nervous gymnasts may at times need comfort, but safeguarding policy must be followed at all times.
15. Contact a welfare officer urgently if there are any concerns about the safety or welfare of any gymnasts, or a concern with something you are being asked to do at a session. Welfare Officers are listed on the club notice board and can be contacted via [tetburygymnastics@gmail.com](mailto:tetburygymnastics@gmail.com).

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