# **Tetbury Gymnastics Club**

We are delighted to be able to welcome you back with us for another year.

## **British Gymnastic Membership**

If you are already a British Gymnastics member, they will be contacting you to prompt you to renew membership. Please complete this as soon as possible. Their information will give the deadline for this to be completed.



If you do not currently have British Gymnastics membership, this needs to be in place following your initial taster session if your gymnast wishes to join us as a regular gymnast. Further details of this available on our website.

## When & where?

We are back in the gym at Sir William Romney school. This is part of the main building. Follow the path towards the leisure centre and then follow it round to the right, through the green fence gate, with the field on your left and the main building on your right. You will walk past the gym windows. At the end of the path turn right, around the corner. Please wait for the lead coach to let you in.

## Drop off & pick ups

- Please arrive on time for your session. The lead coach will open the door at the start time and welcome the gymnasts inside.
- Parents are not allowed into the gym or corridor, except on open sessions.
- Gymnasts will need to use their own hand sanitiser or that provided on entry and exit to the gym.
- At the end of the session, parents should kindly wait outside the door to the gym corridor
  where gymnasts came in. Gymnasts will be released by the coaches once they see a
  parent present. Please advise the coach on arrival if someone else is collecting your child.
- In the interests of safeguarding, gymnasts will not be able to leave the building without a parent present. Over 11s may have permission to leave the building by filling in the consent form link. We would not advise that they do this during the winter when the pathway and car park is very dark.
- Please arrive promptly for your session and for collection at the end, and make time allowances for the busy car park on a Saturday. It may not be possible to admit late arrivals if the coaches have already started the session.

#### Uniform

The uniform for Tetbury Gymnastics Club is a plain black leotard. Hair should be tied back if appropriate and jewellery is not allowed.

## What to bring

All gymnasts should have their own, individual, clearly named water bottle and hand sanitiser. It would be ideal if all belongings could be kept in a named bag. Gymnasts will have a designated box to keep their belongings in during the session. Please make sure you've got everything before you leave.

Please do not bring food or snacks into the gym.

# What will the sessions be like?

- We have the full range of equipment available. Gymnasts should remember to only use the equipment with permission and instruction from the coaches.
- It is important that gymnasts inform the coaches if they feel unwell during the session.

# Health & Safety

- Risk assessments that follow British Gymnastics guidelines are in place and will be regularly reviewed. You can see these risk assessments on our website.
- Please do not attend gymnastics if your gymnast has had a positive Covid test or has symptoms of Covid-19.