



Job Description - Level 1 Coach

Responsible to: The lead coach for the session
Head Coach
Tetbury Gymnastics Club Management Committee

Duties and Responsibilities:

- To conduct or assist with warm-ups of whole groups as directed by the coach responsible for the session.
- To develop gymnastics skills using structured and progressive activities, as directed by a written lesson plan or by instructions from the coach responsible for the session.
- To help to ensure maximum use of time and space by all gymnasts.
- To actively participate throughout the whole gymnastic session to encourage and correct gymnasts where appropriate.
- To prepare or assess gymnasts working towards the Rise gymnastics scheme, as directed by the coach responsible for the session.
- To lead or assist with conditioning sessions for a whole group.
- To become familiar with the individual needs of gymnasts in each group and to provide feedback to gymnasts so that they know what they have to do to improve.
- To assist with gymnasts taking part in competitions or events.
- To be aware of the range of skills covered by the qualification held and not to coach skills outside the syllabus unless specifically authorised by the lead coach.
- To provide assistance to a more qualified coach when required.
- To undertake administrative duties as requested by the coach responsible for the session or lead coach.
- To help to supervise the dispersal of gymnasts at the end of each session.
- To report any accidents, illnesses, safety hazards, discipline issues or child protection concerns to the lead coach immediately if appropriate but not later than the end of the session.
- To be aware that disruptive behaviour will not be tolerated and to report any such behaviour to the lead coach.
- To take an active approach to developing technical knowledge and coaching skills.
- To provide encouragement and support to gymnastics helpers and volunteers.
- To help to safeguard the welfare of all gymnasts and coaches and to take all reasonable steps to minimise the risk of accident or injury.
- To become familiar with and adhere to the policies and procedures of Tetbury Gymnastics Club.
- To undertake other duties commensurate with the level of the post, where reasonably requested by the lead coach.

Person Specification - Level 1 Coach

Skills	Essential	Desirable
Qualifications	<ul style="list-style-type: none"> • BG Level 1 in women's artistic or general gymnastics. 	<ul style="list-style-type: none"> • Qualifications in additional disciplines • First aid at work qualification, paediatric first aid, or equivalent first aid certificate.
Experience	<ul style="list-style-type: none"> • Experience delivering a range of gymnastic programmes. • Experience of coaching in various settings to a wide range of abilities. • Experience in a customer facing environment. 	
Aptitude, skills and abilities	<ul style="list-style-type: none"> • Good leadership skills • Ability to work as part of a team. • Strong organisational skills. • Ability to manage time • Ability to work under own initiative. • Ability to form positive working relationships with a range of people including gymnasts, parents and colleagues. • Ability to deliver and support the club's ethos and structure in all sessions. • Ability to motivate and assist gymnasts to develop new skills safely. 	<ul style="list-style-type: none"> • Ability to motivate fellow coaches, young people and volunteers.
Personal Attributes	<ul style="list-style-type: none"> • Excellent interpersonal and communication skills • Punctual and reliable. • A commitment to personal development. 	
Job related requirements	<ul style="list-style-type: none"> • The ability to work antisocial hours including evenings and weekends. • The ability to produce an enhanced DBS check issued within the last 12 months or obtain one from British Gymnastics prior to starting in post. • The ability to undertake a range of training including safeguarding children, first aid, fire training, as well as improving the level of coaching in their own discipline. 	